



Reaching New Heights



Orlando Regional
Medical Center

Reaching New Heights — For You

For nearly 100 years, Orlando Health has provided Central Florida with the most advanced medical care available. Since its beginning as Orange General Hospital in 1918, Orlando Health Orlando Regional Medical Center (ORMC) — Orlando Health's flagship hospital — has been committed to meeting the growing healthcare needs of our community. Holding steadfast to that commitment, Orlando Health ORMC is again reaching new heights in healthcare with the addition of a new patient tower and expanded diagnostic areas, operating rooms and Emergency Department.



Designed with You in Mind

When it came time to redesign Orlando Health ORMC, we made sure to focus on our top priority — our patients. Designed with all private patient rooms and equipped with the latest technology for superior quality and safety, the tower offers a healing environment that enhances quality of care, promotes health and safety, and provides you with the best patient experience possible.

Orlando Health ORMC Tower

Featuring distinctive architectural elements, beautiful woods, soothing colors and an abundance of natural light throughout, the Orlando Health ORMC tower offers a warm, comfortable ambiance that is felt immediately upon entering.

A redesigned hospital entrance brings you into the David and Linda Hughes Grand Lobby. This beautiful space features a large guest services desk to welcome all our patients and visitors. Convenience and ease are a focus of this area, and highlights include:

- Centralized patient registration area, making the check-in process as seamless as possible
- Designated guest elevators
- An outpatient lab, providing quick and convenient service for those needing blood work

350,000
square feet

245
private patient
rooms



We have
incorporated
soothing
waiting areas
throughout
the tower.

Outside areas provide the perfect setting for relaxation and reflection, and include the:

- North Park, a beautifully landscaped area in front of the tower
- Lobby Courtyard, featuring soothing fountains and a bamboo garden
- Palm Patio, a lovely courtyard area accessible from the main lobby

We have also incorporated dedicated quiet places throughout the tower, including calming family retreat spaces, private patient and family consult rooms, a business center for visitors who need to stay connected to work, and comfortable waiting areas.

The private patient rooms are designed to more easily accommodate the multidisciplinary teams and advanced equipment required to provide the highest level of care together with ample space for family and visitors. The well-appointed rooms also feature comfortable furnishings and large windows with abundant natural light.

Computers have been strategically placed throughout each patient floor, including one in each patient room. This allows for charting to be done more quickly and effectively, and gives healthcare providers access to pertinent information while in the room with the patient.



The first floor also features office and conference spaces and a SUBWAY® Café offering healthy meal and snack options to complement the food selections available in our newly renovated main cafeteria. Lobby and outdoor seating offer comfortable dining areas.

Beautiful café
area offers
comfortable
seating for
dining, visiting
or relaxing.





Patient rooms are designed to accommodate multidisciplinary teams and advanced equipment to deliver the highest level of care.



Reshaping and Redefining Healthcare

Orlando Health ORMC's patient floors are dedicated to specific medical specialties,

bringing together design, technology and care specialists all focused on those particular patient needs. These areas include:

- Multisystem intensive and intermediate critical care (ICU and ICC)
- Neuro and trauma ICU
- Cardiac and vascular care
- Neuro and trauma step-down
- Neurology
- Orthopedics
- General medicine/surgery
- Rehabilitation

Intensive Care Units (ICU)

Through leading-edge technology and expertise in virtually all specialties, including surgery, heart, vascular, neurosciences and orthopedics, as well as being home to Central Florida's only Level One Trauma Center, we provide an unparalleled level of superior care to the most critically ill or injured patients.

Our new trauma, neuro and multispecialty ICUs feature portable monitors, which sync with the main room monitor, and can travel with a patient when they need to be moved for testing. Continuous monitoring of heart rate, blood pressure, pulse, oxygen levels and other vitals enhance efficiency and safety in transporting our patients.

A special procedure room located directly on the unit gives physicians the option of performing minor procedures in a convenient, well-equipped and safe environment.

Cardiac and Vascular Care

Through the collaborative integration of the Orlando Health Heart Institute, our patients benefit from innovative treatments and individualized care in noninvasive cardiology, diagnostic and interventional cardiology, cardiovascular and cardiothoracic surgery, and cardiac rehabilitation.

A new peripheral vascular lab allows physicians the opportunity to perform diagnostics and minor procedures conveniently on the patient care floor.

A new monitoring system not only displays the patient's vital signs while in the room, but also can be connected to a portable telemetry "pack" that the patient can carry in a gown pocket, allowing greater independence and mobility while still being safely monitored.

Neurology

At Orlando Health ORMC, we offer a complete continuum of care in treating all types of neurological disorders from diagnosis through recovery, including our well-known neurosurgery, stroke, brain injury and spinal cord injury programs. Our team-based process of care allows for excellent communication and transition between levels of care from inpatient to outpatient programs.

Orthopedic

Through the Orlando Health Orthopedic Institute, Orlando Health ORMC offers advanced and comprehensive treatment options for a wide spectrum of bone, joint, tissue and nerve disorders. With the latest resources in technology and equipment, our patients receive expert diagnostic and therapeutic services in general orthopedics, joint replacement, physical rehabilitation, orthopedic trauma, sports medicine and orthopedic surgery.

General Medicine/Surgery

At Orlando Health ORMC, we treat a broad spectrum of adult illnesses and diseases. From appendix surgery to pneumonia treatment, our clinically integrated delivery of care is based on best practices and evidence-based medicine, ensuring the best care available for our patients.

The Rehabilitation Garden design supports therapy activities and offers added options for healing and recovery.



Rehabilitation

Orlando Health ORMC has two floors dedicated solely to inpatient rehabilitation. These floors, configured differently to better accommodate the unique needs of our rehabilitation patients, include gym spaces where patients can receive physical therapy and mock residential living spaces where they can practice skills for independent living. Because our rehabilitation patients often have extended stays and develop close bonds with each other, special group education and dining areas allow space and time to be together.

Rehabilitation Garden

The Rehabilitation Garden is a unique part of our therapy program and provides opportunities to continue rehabilitation in an outdoor environment.

The Rehabilitation Garden contains a sunken garden space with water features, seat-level gardening boxes, varied walking surfaces for gait training, a pet therapy park and an exercise area. Other patients and visitors may also visit the Rehabilitation Garden to find a soothing place of rest and relaxation.



Expanding Our Capacity to Save Lives

The expansion and renovations to the Emergency Department have greatly increased the capacity of our most complex and lifesaving services, including emergency, trauma, stroke, surgical and cardiac care. This focus on enhancements to our emergency, trauma and cardiac services will allow for an improved patient experience, with new and less invasive procedures, shorter stays and better outcomes.

Emergency/Trauma/Surgery

To continue our ability to provide immediate, lifesaving care to the most critically ill and injured patients, the Emergency Department expansion and renovation was vital. Enhancements include 17 new treatment rooms and four new trauma bays as well as an expanded surgical platform with additional operating room capacity that includes 24 operating rooms and expanded pre- and post-op areas.

Cardiac Diagnostics/Procedures

As a recognized leader in heart care through the Orlando Health Heart Institute, we are committed to innovation and leading-edge care. The cardiac platform includes an expanded Chest Pain Center and Coronary Care Unit (CCU) for our most critical cardiac patients as well as an extensive cardio diagnostics area with echocardiography (echo) rooms, transesophageal echo (TEE) rooms, a tilt room, stress echo rooms, stress test rooms and injection bays.

17 new
emergency
department
treatment
rooms



24
operating
rooms and
expanded pre-
and post-op
areas

Our newly expanded Emergency Department has been redesigned so you receive the most advanced, personalized care — faster than ever.

Helping to Shape the Future of Healthcare

The redesign of Orlando Health ORMC would not have been possible without generous philanthropic support from many in our community. Through the Orlando Health Foundation, we rely on philanthropy to provide the resources needed for lifesaving technologies and for new facilities capable of supporting these advanced technologies that are vital to providing the highest level of care available.

Early supporters of this project included some of our own physician groups and board members; many additional generous donors have since joined the effort. Support has ranged from providing for essential ancillary needs to facility-named gifts, including the David and Linda Hughes Grand Lobby. Philanthropic funds have also provided key, often lifesaving technologies — from \$2,500 portable video laryngoscopes for the Air Care and Trauma teams to a \$3 million state-of-the-art 124-slice dual source CT scanner.

We're not finished. There is much yet to be done. The growth of our community and advances in technology, along with new treatments and procedures, are changing the face of medicine. The Orlando Health Foundation continues to play a major role in keeping Orlando Health ORMC at the forefront. For more information on how you can help, contact the Foundation at 407.841.5114 or visit **OrlandoHealthFoundation.com**.





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